INFORMATION PRESENTATION

Practices and TEST RUN

WELCOME TO ICEDERBY

- Too good an opportinity for the entire skating world to not get started -

ICEDERBY
Europe B.V.

Thursday evening
Februari 6th 2020
Thialf Restaurant
Heerenveen, NED

TEST RUN
SUNDAY
9th of February 2020
HEERENVEEN, NED
THIALF

Information Presentation

Practices and TEST RUN

Chairman:	**Jack Mortell**
Vice-Chairman:	**Dennis Klaster**
Test Run Manager:	**Rick Schipper**
Honorary Chairman:	Do Jung Hyun
Budgetkeeper:	Susan Wells
Referees:	Bert Timmerman/ Frank Zwitser
Starter:	Jans Rosing
ET systems:	Jeroen Fredriks/ETiming
Ice Floor Supervisor:	Beert Boomsma
Medical Team:	FASE, Kolham

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Thursday 6-feb	
20:15	Welcome in thialf **In the business club (midfloor finishing straight. at the Icederby banners)**
20:20	Presentation Icederby
	Info about trainingen and Test Run
20:30	Start delicious dinner and questioning
20:45	Make an inventory of material and sleeping places
20:45	Checking skates and clothes
	Mounting the material with help of experts. And also Sjinkie blocks assembling.
	Other preparations
21:15	To the infield for WU on shoe before skating
21:50	On the track 220m
21:52	Start training with RTC trainers Dave Versteeg, Leon Bloemhof. **General repetition.**
22:40	End training

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Seriousness Test Run

- Completely informing participants

- No winning or losing:

- The track is safe
- Competitions with: Clap- and fixed skates.
- You can overtake
- The competition format works well
- The rules can be applied

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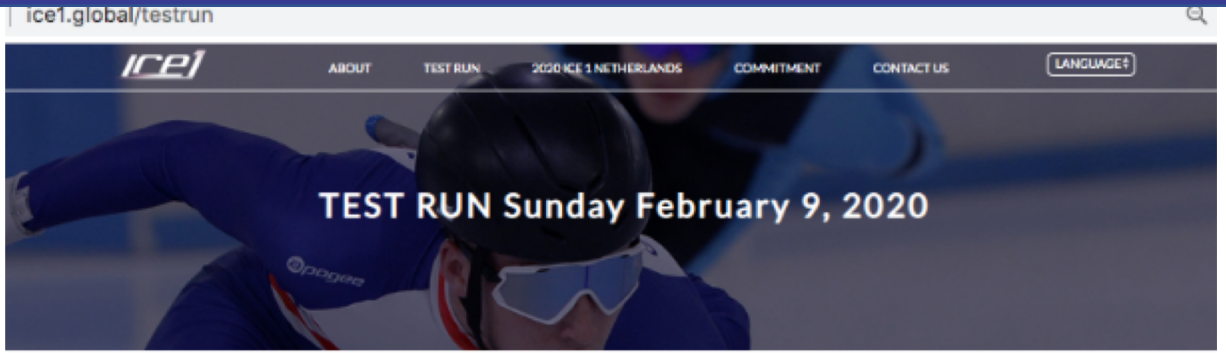
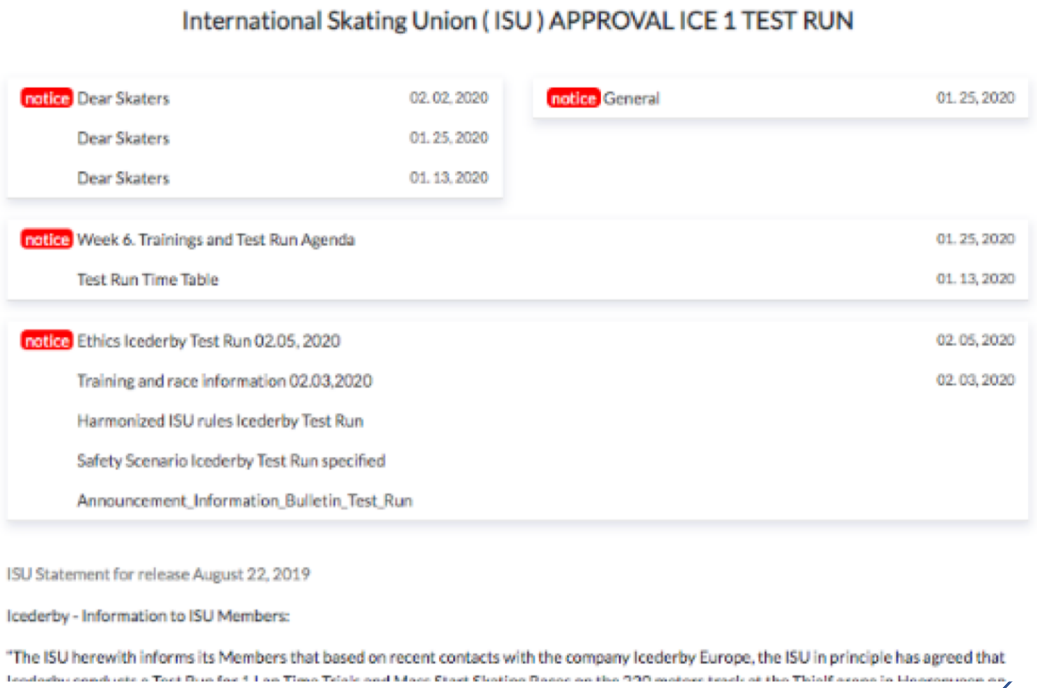


All Icederby and Test Run information is available on the website:
http://www.ice1.global/testrun



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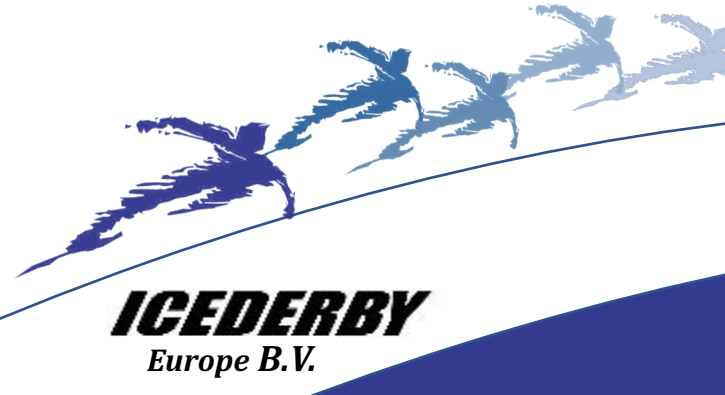
Harmonized ISU Rules

- Rules Mass Start
- Shorttrack Start
- Flying 1 Lap Start procedure
- Conduct of races



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Harmonized ISU Rules

- Further explanation rules

- Shorttrack Start will be trained in practice
- Overtaking is not allowed in neutral lap
- Neutral lap does not count as first lap
- No final rounds
- Crossing the corner innerline is DQ

- Flylap: 1 skater at the time
- Starter organizes the skaters

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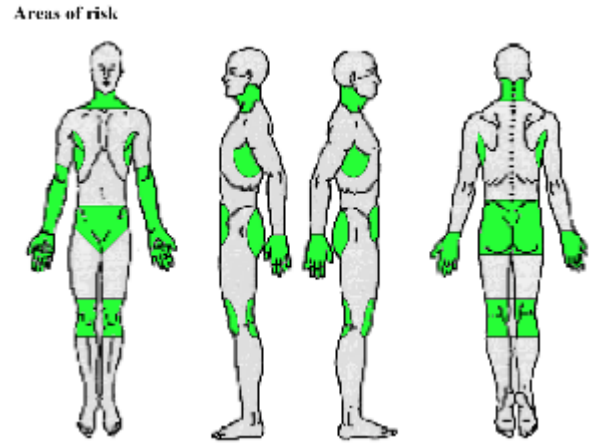
Practices and TEST RUN

Safety requirements Mass start norm:

- A helmet: to ISU norms ASTM norm F1849
- Cutproof: gloves, shins and ankle
- Closed clothing with long sleeves and legs.
- Cut-resistant racing suit or underwear (see below)
- Tubes of the skates must be closed.
- Blade and the blade ends must be rounded (round 10 cents coin).
- The blades has to be closed and the ends has to be rounded with minimal 10cent coin
- Wearing eye protection, a cut-resistant suit or cut-resistant underwear is NOT mandatory but is recommended.
    - Please, put on glasses!



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Ethics and Media

- Ethical aspects of research
  - fully inform
  - written permission
  - debriefing
  - confidentiality

- Restrictions according to Test Run
  - No media activation
  - No Social Media
- Our Special Media party
  - SBC Media

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Ethics and Media

- Ethics with compliance to the ISU Rules
  - Incl. codes of conduct prescribed by the ISU Council.
- ISU Code of Ethics 2018
- Ethical rules by the IOC

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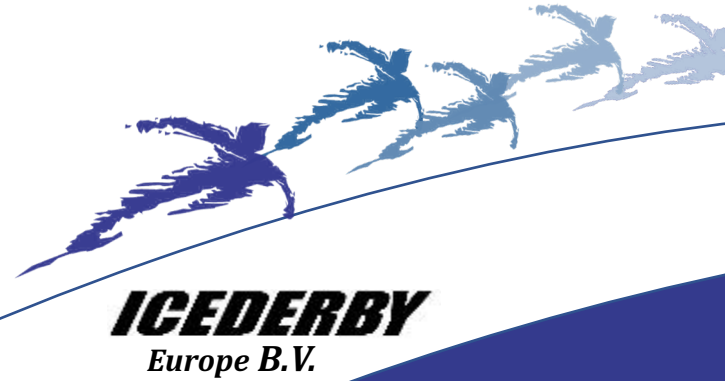
Safety scenario

- ISU medical requirements
- Boarding Sidijk
- FASE Scenario
- Ice preparation



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More safety arrangements:

- Declaration for adjusting the material to Icederby sizes
- Sjinkie Knegt Transfer Blocks
- Invited material experts
- Improved boarding set-up
- Offer of two practices Icederby
  - (Friday 10h15-11h30)

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Sunday 9th February	
11:00	Thialf entry Icederby desk opened
11:00 - 16:15	Catering for sporters, referee, members
11:00 - 12:15	Transponder pick-up and material/ safety check
12:15	Info meeting infield, skaters, referee, members
12:45 - 13:15	Warm-up
13:15 - 16:11	All the races.
16:30 - 19:00	Finishing off: Buffet, speach, afterparty

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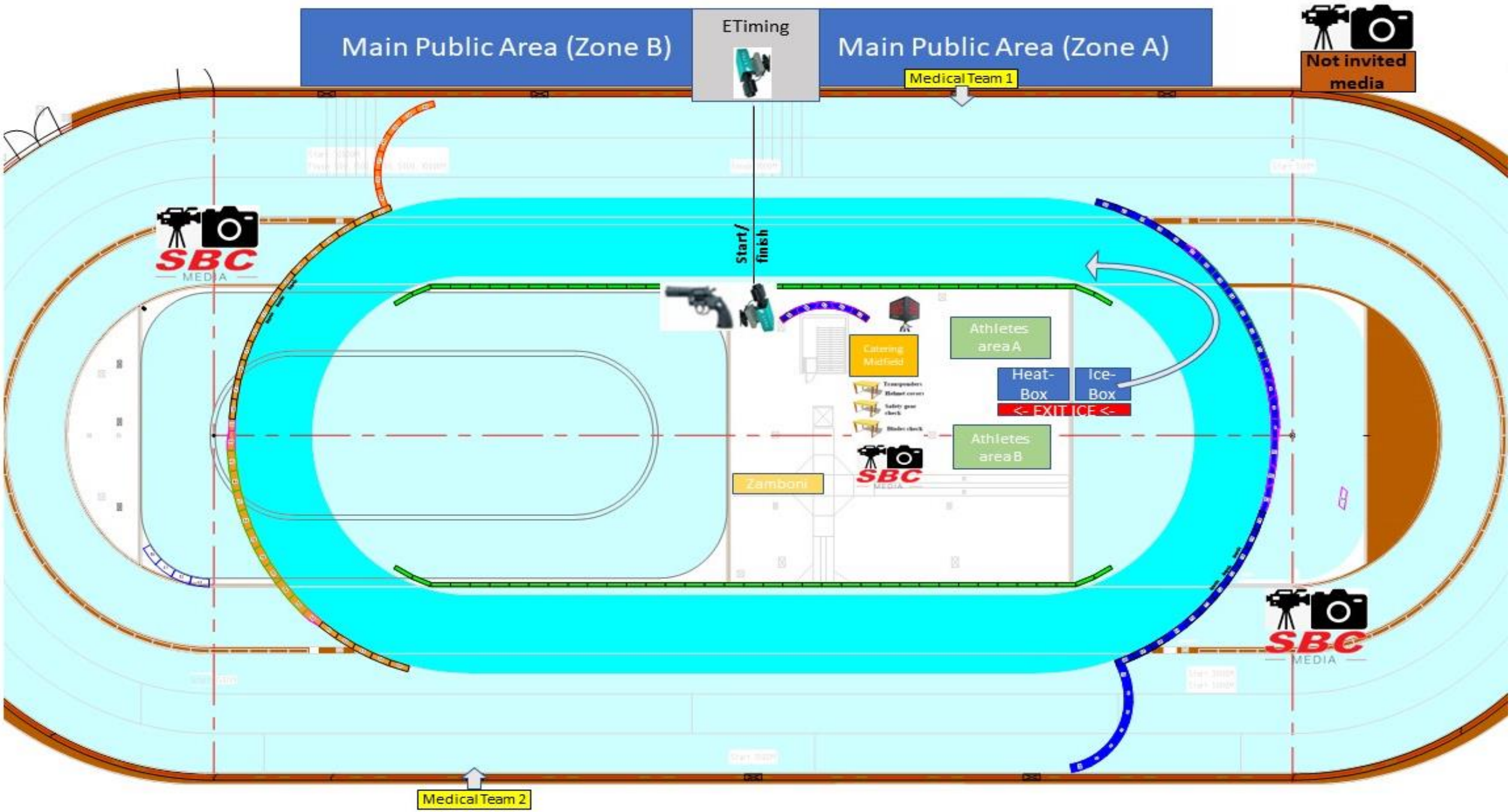
ICE1 beyond skating

Provisional Time Schedule		ICE STADIUM THIALF				Sunday, February 9 , 2020		
category	Distance	Number of skaters	Series x time	Time		Planning		Remarks
				compet	iceprep.	Start	End	
Instal. E-timing					0:10:00	12:15	12:25	and placing pads.
Test pair					0:02:00	12:25	12:27	
Ice preperation					0:13:00	12:27	12:40	
Ladies	Warm-up	7	1 x 15'	00:15		12:45	13:00	
Men	Warm-up	21	1 x 15'	00:15		13:00	13:15	
Ice preperation					0:20:00	13:15	13:35	
Ladies	220m Flying	7	1 x 10'	00:10		13:35	13:45	for 5Lap/ above seeding
Men	220m Flying	21	1 x 30'	00:30		13:45	14:15	
Ice preperation					0:20:00	14:15	14:35	
Ladies	5 lap Rolling Start	7	1 x 5'	00:05		14:35	14:40	1 Race w/ 7 Skaters
Men	5 lap Rolling Start	21	3 x 5'	00:15		14:40	14:55	3 Races w/7 Sk./run
Ice preperation					0:20:00	14:55	15:15	
Ladies	3 Lap Standing Start	7	1 x 3'	00:03		15:15	15:18	1 Race w/ 7 Skaters
Men	3 Lap Standing Start	21	3 x 3'	00:09		15:18	15:27	3 Races w/7 Sk./run
Ice preperation					0:20:00	15:27	15:47	
Ladies	7 Lap Rolling Start	7	1 x 6'	00:06		15:47	15:53	1 Race w/ 7 Skaters
Men	7 Lap Rolling Start	21	3 x 6'	00:18		15:53	16:11	3 Races w/7 Sk./run
Restoring pads					0:19:00	16:11	16:30	


Main Public Area (Zone B)
ETiming
Main Public Area (Zone A)
Medical Team 1
Not invited media
SBC MEDIA
Start/ finish
Catering Midfield
Athletes area A
Heat-Box
Ice-Box
<- EXIT ICE <-
Athletes area B
Zamboni
SBC MEDIA
SBC MEDIA
Medical Team 2

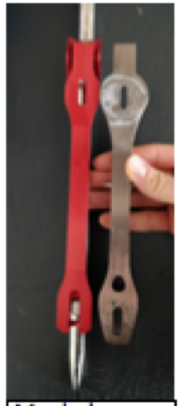
Information Presentation

Practices and TEST RUN

- Useful for Inline boots and Shorttrack boots to a clap system.
- Only for blades from Maple or Evo. Viking is not able to mount.

Maple onderstel geschikt

Sjinkie Transfer Blocks



Maple brug en Evo onderstel geschikt

Viking onderstellen zijn ongeschikt. Deze zijn niet te monteren

1. Benodigdheden:
-Skeelerschoen 195mm steek
-2x Blokje
-2x Moeren M6
-2x Bout M6
-2x Bout M5

2. Plaats de moer in de gleuf

3. Plaats schoen erboven zodat de moer niet valt

4. Plaats gat boven een bevestigpunt

5. Draai M6 bout vast en herhaal dezelfde stappen voor blok 2

6. Pak de M5 bouten voor montage brug

7. Let op: Schroef past alleen schuin

8. Breedte verstelbaar vanuit blokje

Lengte verstelbaar vanuit de brug

9. Veren terugplaatsen en klaar!

10 Herhaal stappenplan voor 2e schoen

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General information Test Run:

Sunday 9th of February

Access to locations:

- sporters: Blue-striped wristband
- Referee, Starter volunteers or members: Green wristband
- Guests for on the grandstand: No wristband.

Catering:

- 1st half: sandwiches, fruits, warm drinks
- 2nd half: Soop and pasta with salad
- 16h30: Afterparty with Chinese Buffet.

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Dave will further explain the schedule of tonight.

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