

# **SAFETY SCENARIO**

## ***TEST RUN***



***ICEDERBY***

*Europe B.V.*

**SPECIFIED TO:**

***SUNDAY***  
***9<sup>th</sup> of February 2020***  
***HEERENVEEN, NED***  
***THIALF***

*This document is made to ensure the ISU safety requirements for the Icederby Test Run. By providing this safety scenario we want to inform you about the actions we took to be in line with the ISU rules and Communications.  
With this document in mind we are convinced to hold a safe and successful Test Run on the 9<sup>th</sup> of February.*

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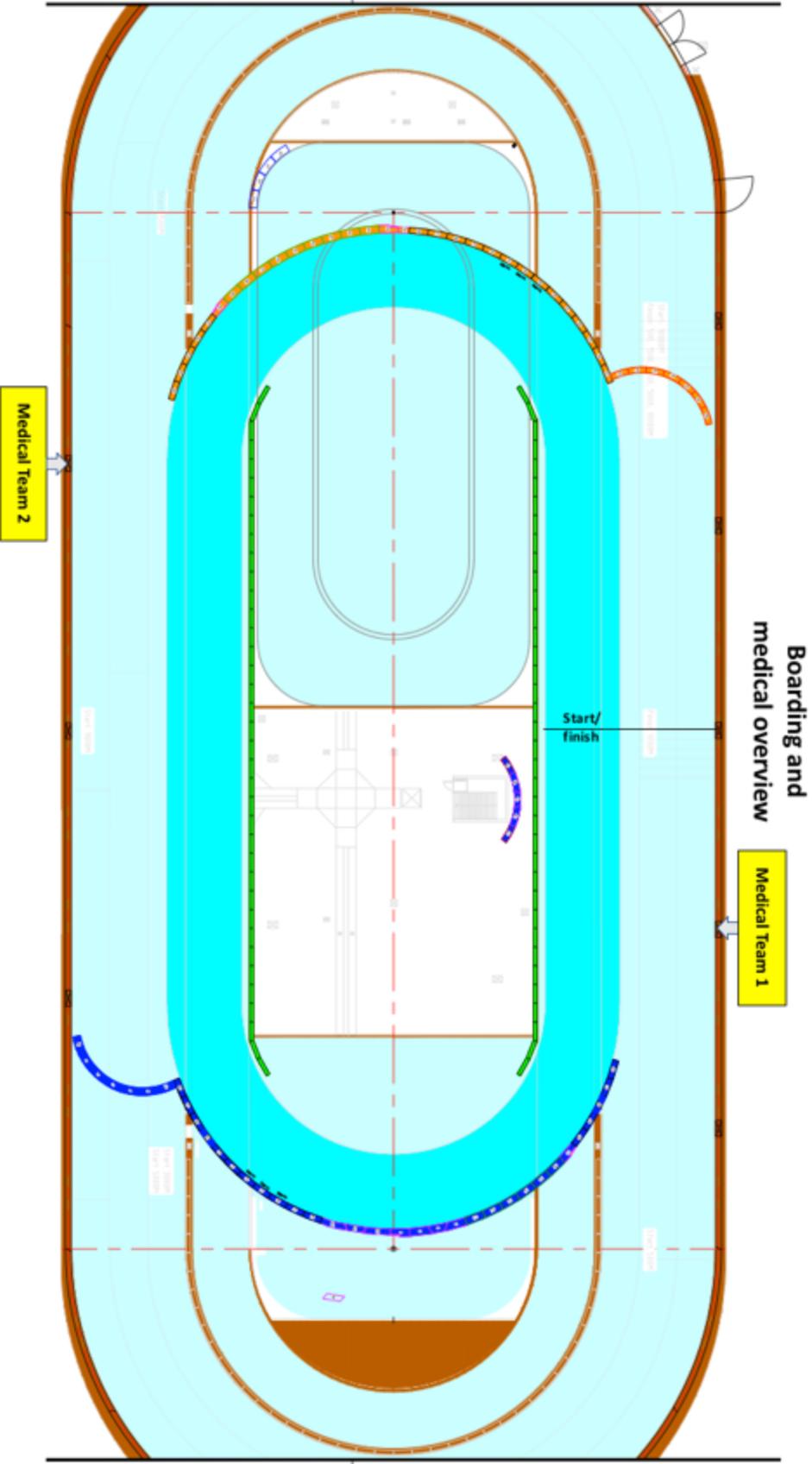
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## What we have arranged on Medical and Track safety according to Rules and Communications by ISU:

- The Icederby team has permission to have International Referees from the KNSB by Jan Bolt (KNSB Referee Committee).
- An ISU delegation will be present for the Test Run on the 9<sup>th</sup> of February.
- Jan Bolt asked (KNSB Referee Committee) for a “fully equipped medical team according to ‘ISU Event’ standards should be on site during the event and the training periods.” *We have arranged a medical team FASE and we will address the relevant Rules and Communications.*
- Rule 228 Measures to protect safety of Skaters: *we use the Long track safety rules of Mass Start; we use medical team FASE, we use the full shorttrack boarding of Sidijk to cover the whole corners, and we use for the straights the same boarding set-up as normal for Heerenveen Mass Starts ISU events. Please see the overview of this below: “Boarding and Medical overview Test Run.”*
- Communication No. 2267 Communication No. 2267: On Ice Medical Emergencies Protocol: *We use medical team FASE, and we place them as close as possible to the “crashing zones” (term of Shorttrack) of both corners.*

Boarding and Medical overview Thialf Test Run



Harmonized ISU rules communication No. 2267.

Furthermore we have to take Communication No. 2267 into a serious account to address the changes between the different situations of Long Track and Icederby. With ~~crossed-out~~ text you can see which is not applicable on Icederby racing.

<https://www.isu.org/short-track/rules/stk-communications/21575-isu-communication-2267/file>

## Communication No. 2267

*(This Communication replaces ISU Communication 2049, effective July 16, 2019)*

### On Ice Medical Emergencies Protocol

#### **~~A) Figure Skating (Single & Pair Skating, Ice Dance and Synchronized Skating)~~**

~~The following procedure must be followed in case of evacuation of a Skater from the ice surface in the Figure Skating Branch.~~

- ~~1. The Host Medical Team must be present during practice (minimum 2) and competition (minimum 4) and be positioned as stated in the ISU Medical Guide.~~
- ~~2. The Host Medical Team will have radio contact with the Referee.~~
- ~~3. When an emergency occurs on the ice that the Host Medical Team believes requires immediate attention, the Host Medical Team will radio the Referee to inform him/her that they need to enter the ice surface.~~
- ~~4. The Referee will stop the performance of Skater /Skaters and clear the ice.~~
- ~~5. The Host Medical Team with the respective Team physician (if present) enter the ice surface and assess the Skater.~~
- ~~6. Skater is removed from the ice surface by the Host Medical Team and, depending on the injury, is taken directly to the ambulance for transport or to the medical room for further assessment.~~
- ~~7. The assessment is conducted by the Skater's Team Physician (if present). If there is no Team Physician present the assessment will be conducted by the Chief Medical Officer (CMO) or Assistant CMO for the event.~~
- ~~8. If the respective Team Physician is present to assess the Skater, he/she will provide the Referee directly or via the ISU Event Coordinator with his/her assessment if the Skater is fit to compete or not.~~
- ~~9. If there is no Team Physician present, the CMO/Assistant will provide the Referee directly or via the ISU Event Coordinator with his/her assessment if the Skater is fit to compete or not.~~
- ~~10. ISU Rule 515 paragraphs 4 and 5 of the Special Regulations & Technical Rules Single & Pair Skating and Ice Dance is applied.~~
- ~~11. The Referee makes the final decision if the Skater is allowed back on to the ice surface to compete.~~
- ~~12. The Physician who conducted the assessment completes either the Physician Assessment Form if the Skater is fit to compete or the Withdrawal Form if not fit to compete. The respective Form must be completed and submitted by the next day following the emergency at the latest.~~

## **B) Speed Skating and Short Track Speed Skating**

The following procedure must be followed in case of evacuation of a Skater from the ice surface in Speed Skating and Short Track Speed Skating.

1. The Host Medical Team must be present during practice (minimum 2) and competition (minimum 4) and be positioned as stated in the ISU Medical Guide.
2. When an emergency occurs on the ice, the Referee stops the race and gives a signal to the closest Host Medical Team to allow them to enter on the ice surface.
3. The Host Medical Team with the respective Team physician (if present) will enter the ice surface and assess the Skater.
4. If more than one Skater requests medical care, a second Host Medical Team with the respective Team physician (if present) should enter the ice surface without delay and assess the Skater.
5. The Skater is removed from the ice surface by the Host Medical Team and, depending on the injury, is taken directly to the ambulance for transport or to the medical room for further assessment.
6. The assessment is conducted by the Skater's Team Physician (if present). If there is no Team Physician present the assessment will be conducted by the CMO or Assistant CMO for the event.
7. If the respective Team Physician is present to assess the Skater, he/she will provide the Referee directly or via the ISU Event Coordinator or ISU Technical Committee Representative with his/her assessment if the Skater is fit to compete or not.
8. If there is no Team Physician present, the CMO/Assistant, will provide the Referee directly or via the ISU Event Coordinator or ISU Technical Committee Representative with his/her assessment if the Skater is fit to compete or not.
9. The Physician who conducted the assessment completes either the Physician Assessment Form if the Skater is fit to compete or the Withdrawal Form if not fit to compete. The respective Form must be completed and submitted by the next day following the emergency at the latest.

## Outline of the Medical Team FASE:

*This is how we ensured that we are having fully equipped medical team according to 'ISU Event' standards, which should be on site during the event and the training periods.*

Medical team: **FASE** First Aid and Services  
Address: W.A. Scholtenlaan 9c, 9615 TG Kolham  
Website: [fase-education.nl](http://fase-education.nl)

We are having the same medical partner of Thialf with ISU Events like European Championship Distances 2020 and World Cup Final 2020. This party is chosen for their expertise, experiences, and willingness to be part of this application in making this Test Run/ and discipline as safe as possible.

So, everything we arranged is overthought by considering every relevant ISU Rule and Communication. Below you will get an overview of our medical team for the practices and the Test Run.

### **Occupation training sessions:**

There will be practices on Icederby on the Tuesday 4<sup>th</sup> and Thursday 6<sup>th</sup> February from 21h30 until 23h00.

So, the medical team FASE will be presented these days from 21h00 until 23h15.

There is minimum of two people required: A doctor and a nurse.

Cees Matthijssen (doctor)

Hidde Visser (nurse)

### **Occupation Test Run:**

On the day of the Test Run the 9 of February There will be skated from 12h45 until 16h15. The Medical Team FASE will be presented from 11h00 until 16:45.

There is minimum of four people required at the track: A doctor and three nurses are on two places over the track. Moreover, in the First aid room there will be situated one extra nurse in case of other first aid situations outside the ice.

Cees Matthijssen (doctor)

Hidde Visser (nurse)

Eline Visser (First-Aid Officer)

Sietze Visser (First-Aid Officer)

The 5th First-aid Officer will be announced later on

### **When during a crash another crash happened:**

There will be two teams located on next to the track close to the two exits of the corners, in shorttrack called the "crashing zones". There they will be closely located to the track: Behind the boarding of the 400m track close to a boardingexit to go on the ice

### **Ambulance car:**

On advice of the FASE team there is no ambulance needed. The hospital is located close to the Ice track (within 5 minutes). So, this is in line with the ISU rules. They also say that in case of an emergency there will already passed away 5 to 10 minutes on providing first-aid and putting on a stretcher that an Ambulance on location is no needed requirement.

### **ISU\_Medical Guide\_version 1. 1**

Moreover, The medical Team FASE uses the MEDICAL GUIDE Version 1.1 6 August 2019 by the ISU.

This is to assist local Organizing Committees in the preparation of a complete medical program at ISU Events. The Guide is providing a standard of medical care that allows all Skaters to compete in a safe and healthy environment.

## Boarding situation Icederby on Thialf.

Our Boarding situation during the Test Run in Thialf:

We have had a lot of contact and consultation with Boarding supplier Sidijk to determine a safe boarding. For many years, Sidijk has been the supplier for the best and safest boardings around the world, as demonstrated by their involvement in the World Cups, World Championships and Olympic Games on Long Track and Shorttrack.

### **Outerboarding:**

We make full use of the short track boarding for the outside boarding bend.

We are shifting these boarding parts to our outer corners. It is true, however, that the shapes of these bends do not fully make the bend shape. We have considered this step by step as follows.

1 In consultation with the experts, it is better to set the curve in a continuous motion.

2 In addition, the "crashing zones" thick boarding blocks are also used for the "crashing zones" at the Icederby.

3 The bend ends with an extension of the blocks onto the straight. This extension goes wider than the minimum track width of 8m, because the straights are wider.

4 Because of the running lines, we decided in consultation with Sidijk to close the two endings of the straight sections. This is therefore an extension of the bend boarding forward.

5 For this routing closure we must use the special bend blocks from the shorttrack. The straight piece of blocks are already in use.

6 We have made the decision to allow this routing closure by using the bended blocks for this. These bended blocks will be situated behind the first normal boarding block to follow and then with a curve towards the outside of the track. We have done this so that nobody can be hurt by ending up in an open gap.

Moreover, we will make use of all the sheets of the shorttrack. This is developed for the Shorttrack to give extra solid structure to the boarding, and we will make use of the same.

These Sheets do have cut proof protection.

### **Outerboarding straights.**

On the outboarding of the straights, we make use of the Long track boarding. This boarding is completely similar to long track racing. We will replace the sheets in a way that the small entries of 1,5m will be covered by sheets.

### **Innerboarding straights**

Moreover we do we make use of the normal ISU Long track Mass Start innerboarding on for the straights. These boarding are used by many ISU Mass start races, so we determine this innerboarding as safe.

### **Innerboarding corners:**

On behalf of the advice from Simon Schram, Beert Boomsma and Thialf operational manager Roelof Zijlstra there will be no innerboarding in the corners.

However, we do have outlined the situations where you come from the end of the corner into the straight. We we have extended this 5m into the bend, deflecting towards the inside of the bend. As you can see on the overview. This is to guide the riders more safely onto the straight.

**Blocks in the corners:**

We do make use of Shorttrack blocks in the corners. We will put these on inside the blue line, just like Long Track blocks.

With supervision of the Sidijk sales manager and ice track safety expert Simon Schram we have come to this boarding formation.

**Stairs infield:**

the stairwell on the middle ground is close to the competition track. This is located at a radius of 4 meters. According to the rules, fixed standing objects must be covered with boarding material within 3 meters.

Despite the fact that this is in the right place, we still provide a boarding to be sure of safety.

**Ice preparation:**

Thialf is our partner to host this Test Event. They have a 220m Icederby track. And they are responsible of the ice quality during this Test Event and the practices before.

We are convinced that they can make a proper ice floor as they do with Long Track and Shorttrack.